

DAY 1

BIBLE POINT: Jesus' power helps us do hard things.

BIBLE STORY: Ananias helps Saul.
(Acts 9:1-19)

BIBLE VERSE: "For I can do everything through Christ, who gives me strength."
(Philippians 4:13)

SING & PLAY EXPRESS

- ▶ Learn the Day 1 Bible Point and verse, and meet Bible Memory Buddy Ramsey.
- ▶ Sing Rocky Railway VBS songs.
- ▶ Meet Cam Track, an engineer who needs some power to get his train back on track.



BIBLE ADVENTURES

Encourage Ananias to do the hard thing God has asked of him, and experience a trust fall to feel what it means to trust Jesus.



CHEW CHEW SNACKS

Chew Chew Track

Ingredients Needed:
6 granola bars
2 Twizzlers



KIDVID™ CINEMA

Dominic relies on Jesus' power to take a tough karate test... after failing many times.



IMAGINATION STATION

Try to keep their Off-Rail Rollers on track, and remember that Jesus' power helps them do hard things.



ROCKY WRAP-UP

- ▶ See who is starring in today's Spotlight VBS.
- ▶ Get a little help learning a tough "train track trick," then have a surprise visit from Ananias.
- ▶ Receive a ram-bunctious Bible Memory Buddy.



LOCO MOTION GAMES



On Track to Splash

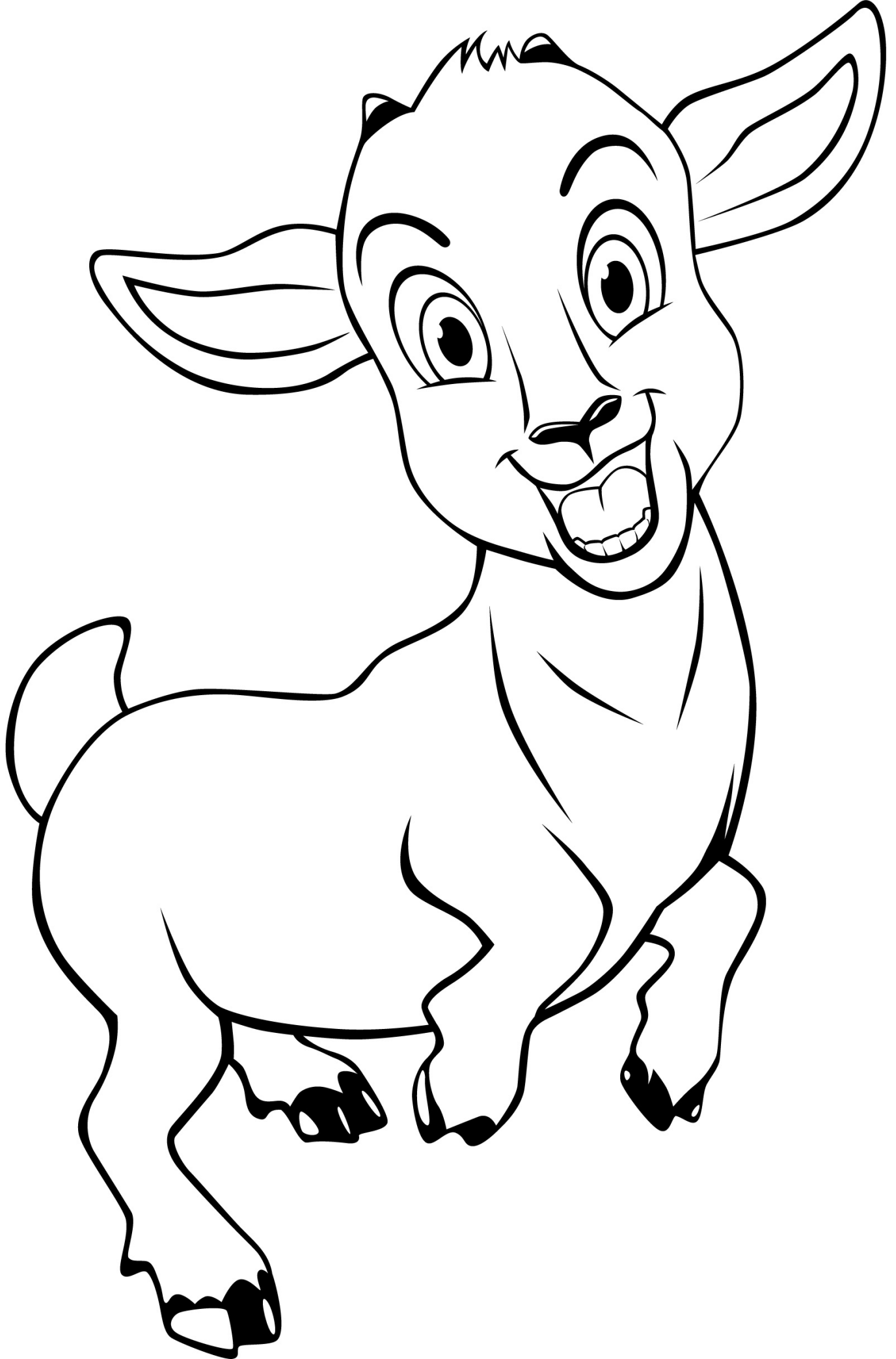


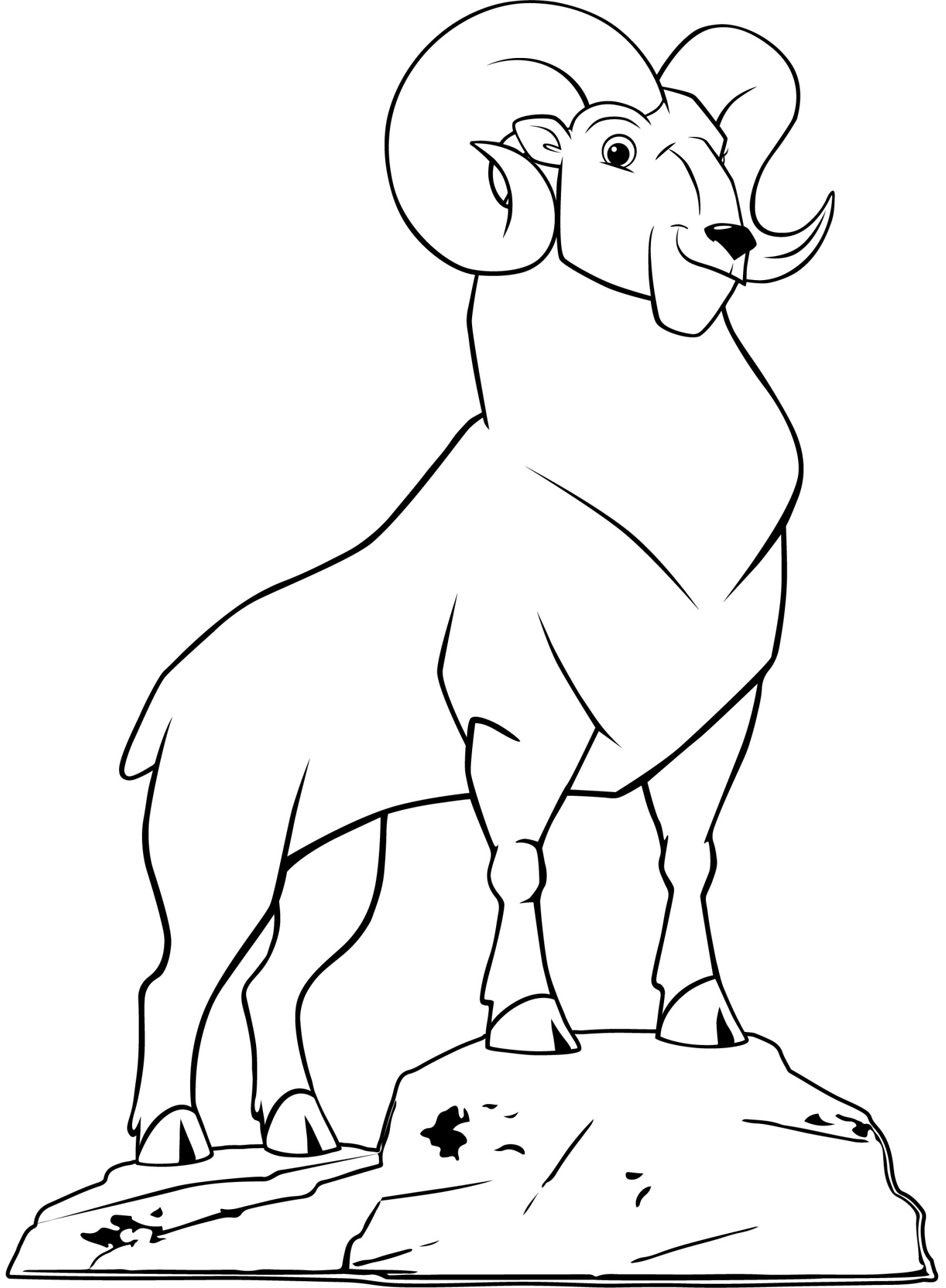
Runaway Train



Hold the Track Line

At **Rocky Railway VBS**, the daily Bible Point is carefully integrated into each station's activities for unforgettable Bible learning. See how your station reinforces today's Bible Point.







ROCKY RAILWAY CHEW CHEW SNACKS

Day 1 - “Chew Chew Tracks”

Ingredients needed: 6 granola bars, 2 Twizzlers

Also needed: a plate

Step 1: Take the granola bars out of the individual packages.

Step 2: Place the granola bars horizontal in a line on the plate.

Step 3: Place the Twizzlers on top of the granola bars towards the ends to create a “Train Track”.

Step 4: Enjoy!

Day 2 - “Bagel Tunnels”

Ingredients needed: 3 plain bagels

Also needed: plate and knife

Step 1: Take the bagels out of the package and place on a plate.

Step 2: Parents cut the bagels in half and give the plate of bagel halves to your children.

Step 3: Help the children put the bagels on the side that was cut so they can stand up.

Step 4: Line up the halves to look like a “Bagel Tunnel”.

Step 5: Enjoy!

Day 3 - “Coal Crunch”

Ingredients needed: 1 package of Oreo cookies, 1 bar of softened cream cheese

Also needed: large bowl and plate

Step 1: Take the Oreo cookies out of the package and put them in a Ziplock bag.

Step 2: Crush the Oreos in the bag.

Step 3: Empty the crushed Oreos into a bowl.

Step 4: Add the cream cheese to the crushed cookies and mix together.

Step 5: Scoop out a dime size of your mixture and roll into a ball.

Step 6: Let the Oreo balls cool in the fridge and then enjoy them later as a “Coal Crunch”.

Day 4 - “Crunchy Crossbuck”

Ingredients needed: Pretzel Rods

Also needed: plate

Step 1: Take the pretzels out of the bag and place them on a plate.

Step 2: Take one pretzel rod and place it on top of another in a “X” pattern. Step 3: Enjoy!

Day 5 - “Good Friend Fruit Pizza”

Ingredients needed: Graham crackers, assortment of fruit, yogurt,

Also needed: plate and knife or spoon

Step 1: Spread yogurt on the top of the graham crackers and place them back on the plate.

Step 2: Cut up the fruit and place it on top of the yogurt.

Step 3: Enjoy!